## Family Services of the North Shore



## Grief Support Group

## Have You Been Touched by the Recent Death of Someone You Love?

Find support and healing in a safe and caring environment with others who have also experienced loss. Sessions may include guided meditation, gentle touch and healing touch.

Wednesdays, May 22 to June 26, 2019 (group session on June 12 will be rescheduled to June 13) 6:30 - 8:30 pm

Sunrise Senior Living, 980 Lynn Valley Rd. North Vancouver

Free of cost, registration required.

Call: 604.985.8713 or Email: quenneville@familyservices.bc.ca



@familyservicesofthenorthshore





**@fsnorthshore** 

203-1111 Lonsdale Ave., North Vancouver, BC Tel: 604.988.5281



